



**2019
Optional & Xcel
State Championships**

March 9th-10th, 2019

Hosted by:

Gold Cup Gymnastics

Meet Location:

Sandia Prep High School

532 Osuna Rd NE, Albuquerque, NM 87113

FRIDAY

March 8th

SESSION 1

10:00 AM Warm Up

10:15 AM March In

Level 6 – 11 & younger

SESSION 2

1:30 PM Warm Up

1:45 PM March In

Level 7 – All Ages

Level 8 – 12 & younger

SESSION 3

5:30 PM Warm Up

5:45 PM March In

Level 8 – 13 & older

Level 9– All Ages

Level 10 – All Ages

SATURDAY

March 9th

SESSION 4

9:00 AM Warm Up

9:15 AM March In

Level 6 – 12 & older

XCEL Platinum & Diamond- ALL

SESSION 5

1:15 PM Warm Up

1:30 PM March In

XCEL Gold- ALL

SESSION 6

5:00 PM Warm Up

5:15 PM March In

XCEL Silver- ALL

SUNDAY

March 10th

SESSION 7

8:30 AM Warm Up

8:45 AM March In

XCEL Bronze - All Ages